



# Parkinson's Disease

## Pathway to Wellness and Awareness Through Nutrition and Exercise Program

**Parkinson's  
Symposium  
Series 2023**

### Join Us

Please join us for an informative and interactive symposium on Parkinson's Disease. Our team of experts will share insights into new options that foster Healthy Habits Towards Brain Health. This program will include live food demonstrations and an opportunity to sample wearable apparel

**Attend In-Person or by Video Conference:  
Wednesday, April 26, 2023**

12:00 to 3:00 p.m.

St. Joseph's Wayne Medical Center, Meyer Conference Room  
224 Hamburg Turnpike, Wayne, New Jersey

**For Virtual Attendance Join from the meeting link:**

<https://sjhevents.webex.com/sjhevents/j.php?MTID=m69ca282168e709197a1fbd692f9ad9d9>

Meeting number: 2554 278 2145

Meeting password: 0426 (0426 from phones and video systems)

Join by phone +1-408-418-9388 United States Toll

The event is free.

RSVP to Melissa Luna, 973-389-5146;  
[lunam@sjhmc.org](mailto:lunam@sjhmc.org) or [community\\_outreach@sjhmc.org](mailto:community_outreach@sjhmc.org)



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Hackensack Meridian  
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